


# Australian Mental Health Statistics

Statistics from the 2007 National Survey of Mental Health and Wellbeing



**20%**

1 in 5 Australian aged 16-85 years, experienced mental disorders in the previous 12 months

**3.2  
MILLION**

This is equivalent to 3.2 million Australians.

**1 IN 16 HAD AFFECTIVE (MOOD) DISORDERS; 1 IN 7 HAD ANXIETY DISORDERS; AND 1 IN 20 HAD SUBSTANCE USE DISORDERS.**

**65%**

of people with mental illness do not access any treatment

**3RD**

mental illness is the 3rd largest disease burden in Australia